



KYABRAM DISTRICT
HEALTH SERVICE

Advance Care Planning

Having the Conversation

Why Talk?

Every day you make decisions.

Some are easy.

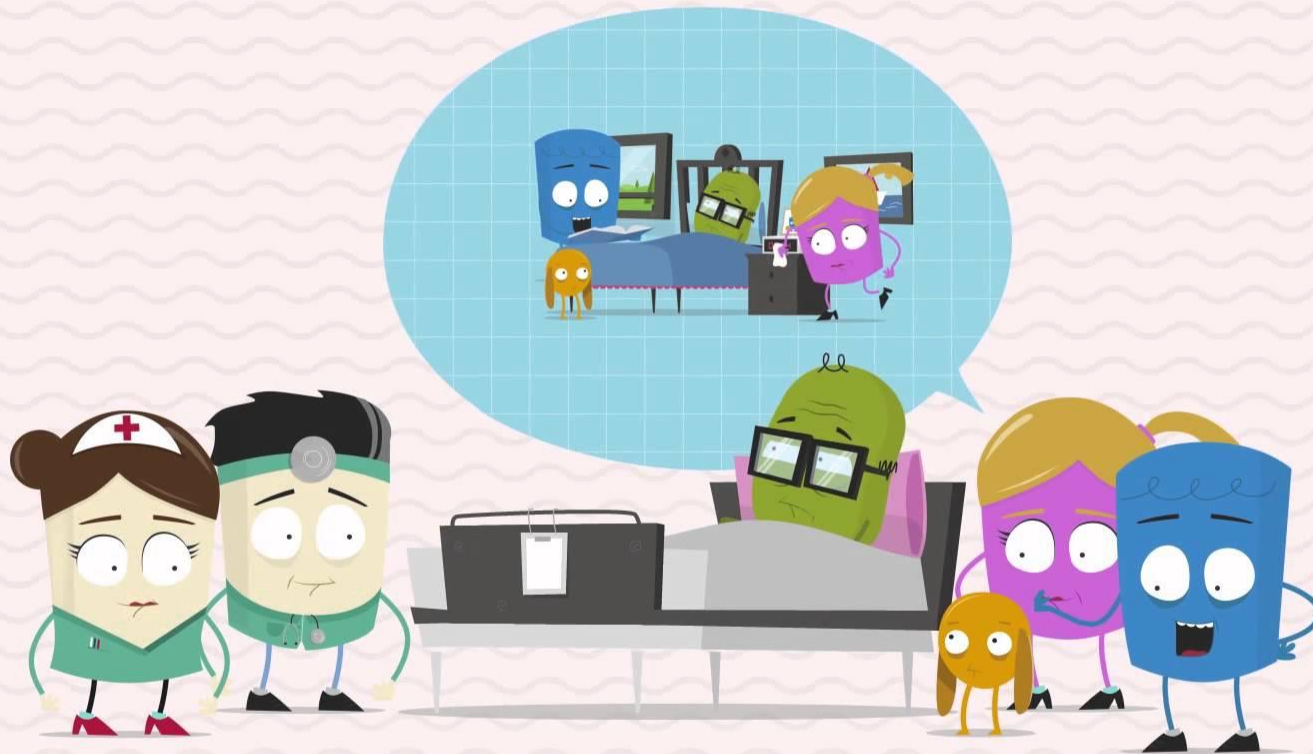
Some are more difficult.

What if you unexpectedly became sick?

It might be hard for you to think about what treatment or care you might want.

You might be so sick you cannot communicate.

Doctors and your family may make decisions for you.



What care would **you** want?

What is an Advance Care Plan?

A plan for future health and personal care should you lose your decision-making capacity

Captures your values and wishes

Enables you to continue to influence treatment decisions even when you are no longer able to actively participate

What does the plan include?

Your Advance Care Plan may include:

- Appointing a Medical Enduring Power of Attorney (MEPOA)
(Medical Treatment Act 1988)
- Refusal of Treatment Certificate
(Medical Treatment Act 1988)
- Advance Care Directive
 - A written document outlining your treatment wishes and/or your values

Advance Care Directive

“The things I value most in my life are”

“Future situations I would find unacceptable in relation to my health are”

“Specific treatments I would NOT want considered for me are”

Client Journey



“When you tell people you’ve got this plan people think you’re planning how you want to die. But I am not saying this is how I want to die, this is how I want to live”

Origins and Strategic Direction - Victoria

Victoria has led developments in ACP for over a decade

In 2002 Austin Health introduce ACP

Victorian Health Priorities Framework 2012-2022

Advance Care Planning: having the conversation
A strategy for Victorian Health Services 2014-2018

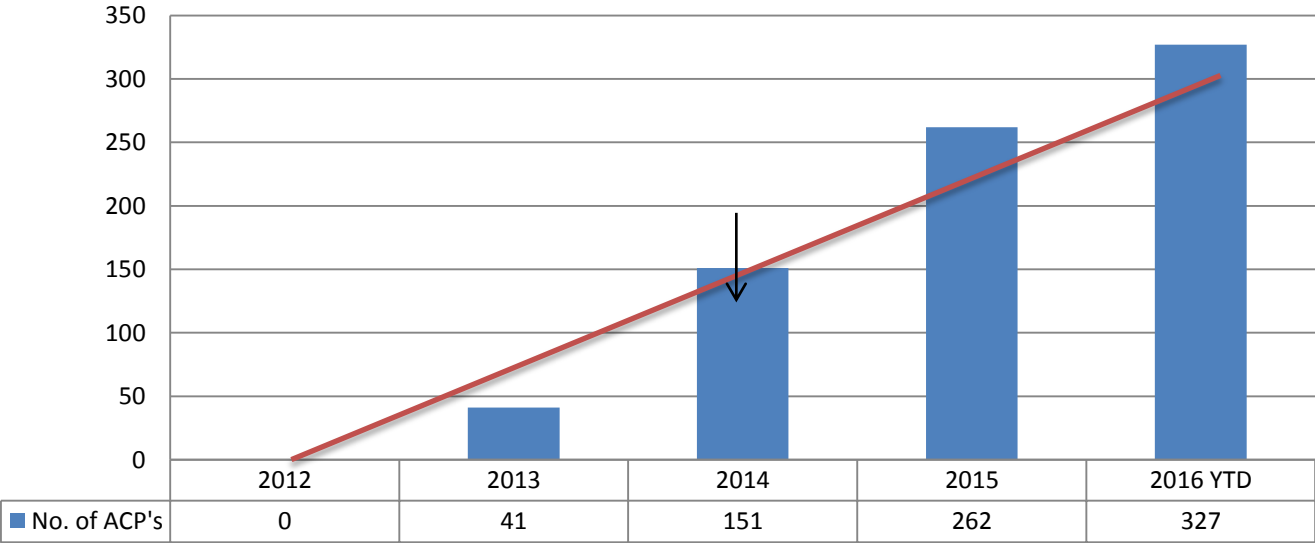
Advance Care Planning Strategy 2014-2018

Provides guidance for health services in Victoria to develop and implement Advance Care Planning

Aims to increase opportunities for people to develop Advance Care Plans and for these to be activated.

Taking the Journey: Kyabram District Health Service

No. of ACP's



Key Steps in the Journey

Organisational Cultural Change

Engaging key stakeholders

Community Engagement

Next Steps in the Journey

Building awareness of the importance to revisit the conversation

To work with vulnerable and marginalised groups within the community to ensure all voices are heard and choices respected



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