



Campaspe Community Data

This is a snapshot of our community health and wellbeing data in the Shire of Campaspe



SMOKING

We have a high percentage of current smokers - males (27%) are more likely to be smokers than women (21%).

1:5 mothers smoke during pregnancy, double that for Victoria.



HIGH BLOOD PRESSURE

Almost 37% of residents have high blood pressure.



DIABETES

In 2017 more than 2,600 people had diabetes.



PHYSICAL ACTIVITY

Almost 26% of residents do no exercise at all.



FAMILY INCIDENTS

The number of reported family incidents increased by 25% between 2015 & 2016, compared to 7% across Victoria.



FRUIT & VEGETABLES

Approximately 60% of residents do not meet the fruit and vegetable consumption guidelines.



SUGAR SWEETENED DRINKS

Almost 18% of residents consume sugar sweetened soft drink daily.



OBESITY

53% of people in Campaspe are either overweight or obese.



ALCOHOL

Almost 66% of residents have a lifetime risk of alcohol related harm due to regular, excessive consumption of alcohol.



CANCER

On average 260 new cases of cancer are diagnosed each year in Campaspe. About 53% of new cancers are diagnosed in males and 74% in persons aged over 60 years.



PSYCHOLOGICAL DISTRESS

Approximately 18% of residents have high or very high levels of psychological distress.



TEENAGE BIRTHS

Teenage pregnancy is double that for Victoria.



FINANCIAL

Median household income is \$886 compared to \$1,261 in Victoria.

28.5% of adults have completed year 12 compared to over 50% in Victoria.

More than 12% of households with a mortgage are experiencing mortgage stress.