

Diabetes Services – Rushworth

Based on the Loddon Mallee Region Pathways for Prediabetes, Type 1, Type 2 and Gestational Diabetes, 2009 – current June 2011

Diabetes Type	Allied Health Professional/LMP	Local Contact	
Pre-diabetes	Lifestyle Modification Program (LMP)	Goulburn Valley Medicare Local 226 Wyndham Street/ PO Box 1074 Shepparton 3630. p: 5831 5399 f: 5831 5398 frontdesk@gvml.com.au Rushworth courses available	
	Diabetes Educator LMP Facilitator	KDHS - Diabetes Educator Outreach to Waranga Community Health Kyabram District Health Service p: 5857 0243 f: 5857 0239	Waranga Community Health LMP Facilitator Rushworth Reed St Rushworth 3612 p: 5851 8020 f: 5851 8045
	Aboriginal Health Worker	Njernda Aboriginal Health Clinic 84 Hare Street Echuca 3564 p: 5480 6252 f: 5480 6116	Rumbalara Health Services 20 Rumbalara Road Mooroopna 3629 p: 5820 0035 f: 5825 3500
	Practice Nurse/Community Health Nurse/Diabetes Resource Nurse	Resource Nurse. Waranga Community Health Reed Street Rushworth 3612 p: 5851 8020 f: 5851 5045	KDHS – Diabetes Educator Outreach to Waranga Community Health Kyabram District Health Service Fenaughty Street Kyabram 3620 p: 5857 0243 f: 5857 0239
	Physiotherapist Exercise Physiologist	Physiotherapist Bendigo Health - Rural Health Team p: 5454 7102 f: 5454 7107	Private Physiotherapist - Lisa Cullum Waranga Community Health Reed Street Rushworth 3612 p: 5851 8020 f: 5851 5045
	Dietitian	KDHS - Community Health Fenaughty Street Kyabram 3620. p: 5857 0243 f: 5857 0239	Dietitian Bendigo Health Rural Health Team p: 5454 7102 f: 5454 7107
	General Practitioner	Rushworth House Medical Clinic 41 Moora Road Rushworth 3612 p: 5856 1329 f: 5856 1466	

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Type 1 Diabetes	Endocrinologist/ Physician/ Paediatrician	As per referral from General Practitioner	
	Diabetes Educator	KDHS - Diabetes Educator Outreach to Waranga Community Health Reed Street Kyabram District Health Service p: 5857 0243 f: 5857 0239	
	Dietician	Bendigo Health – Rural Health Team p: 5454 7102 f: 5454 7107	KDHS - Community Health Fenaughty Street Kyabram 3620 p: 5857 0243 f: 5857 0239
	Mental Health Worker	Navigating Life - Goulburn Valley Medicare Local 226 Wyndham Street/ PO Box 1074 Shepparton 3630. p: 5831 5399 f: 5831 5398 frontdesk@gvml.com.au	
	Pharmacist	Rushworth Pharmacy (NDSS) 11 High Street Rushworth 3612 p: 5856 1402	
	General Practitioner	Rushworth House Medical Clinic 41 Moora Road Rushworth 3612 p: 5856 1329 f: 5856 1466	
	Optometrist Ophthalmologist	Services In Kyabram. Bendigo. Shepparton Eye Care 2 You Visit Rushworth annually	
	Podiatrist	REDHS. Rochester Primary Care Pascoe Street Rochester 3561 (visits Rushworth/Stanhope) p: 5484 4465 f: 5484 4458	John Head- Shepparton Foot clinic 14 Welsford Street Shepparton 3630 p: 5822 1855 f: 5822 1453
	Physiotherapist Exercise Physiologist	Physiotherapist Bendigo Health – Rural Health Team p: 5454 7102 f: 5454 7107	Private Physiotherapist - Lisa Cullum Waranga Community Health Reed Street Rushworth 3612 p: 5851 8020 f: 5851 5045

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Type 2 Diabetes	Diabetes Educator	KDHS - Diabetes Educator Outreach to Waranga Community Health Coyle Street Rushworth 3612 p: 5851 8020 f: 5851 5045	
	Dietician	Dietitian Bendigo Health Rural Health Team p: 5454 7102 f: 5454 7107	KDHS - Community Health Fenaughty Street Kyabram 3620 p: 5857 0243 f: 5857 0239
	Physiotherapist Exercise Physiologist	Physiotherapist Bendigo Health Rural Health Team p: 5454 7102 f: 5454 7107	Private Physiotherapist Lisa Cullum Waranga Community Health Reed Street Rushworth 3612 p: 5851 8020 f: 5851 5045
	Podiatrist	REDHS. Rochester Primary Care Pascoe Street Rochester 3561 (visits Rushworth/Stanhope) p: 5484 4465 f: 5484 4458	John Head- Shepparton Foot clinic 14 Welsford Street Shepparton 3630 p: 5822 1855 f: 5822 1453
	Optometrist Ophthalmologist	Services Kyabram/Bendigo Eye Care 2 You Visit Rushworth annually	
	Endocrinologist/ Physician	As per referral from General Practitioner	
	Mental Health Worker/Social Worker	Navigating Life - Goulburn Valley Medicare Local 226 Wyndham Street/ PO Box 1074 Shepparton 3630. p: 5831 5399 f: 5831 5398 frontdesk@gvml.com.au	
	Oral Health Professional	Services Kyabram/ Bendigo	Alpha Dental Visit Rushworth 3612 p: 9450 1234 f: 9450 1222
	General Practitioner	Rushworth House Medical Clinic 41 Moora Road Rushworth 3612 p: 5856 1329 f: 5856 1466	
	Aboriginal Health Worker	Njernda Aboriginal Health Clinic Rumbalara Health Services 84 Hare Street Echuca 3564 p: 5480 6252 f: 5480 6116	Rumbalara Health Services 20 Rumbalara Road Mooroopna 3629 p: 5580 6252 f: 5480 6116 p: 5820 0035 f: 5825 3500
	Community Health Nurse	KDHS – Community Health Community Health Nurse Stanhope p: 5857 0451 f: 5857 2741 Tongala p: 5857 0245 f: 5859 1396	
	Pharmacist	Rushworth Pharmacy (NDSS) 11 High Street Rushworth 3612 p: 5856 1402	

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Gestational Diabetes	Obstetrician & Midwife	As per referral from General Practitioner	
	Paediatrician	As per referral from General Practitioner	
	Dietician	KDHS - Community Health, <i>Fenaughty Street</i> Kyabram 3620 p: 5857 0243 f: 5857 0239	Dietitian Bendigo Health Rural Health Team p: 5454 7102 f: 5454 7107
	Diabetes Educator	KDHS - Diabetes Educator Outreach to Waranga Community Health Kyabram District Health Service p: 5857 0243 f: 5857 0239	
	Lifestyle Modification Program/Self-Management Intervention	Goulburn Valley Medicare Local 226 Wyndham Street/ PO Box 1074 Shepparton 3630. p: 5831 5399 f: 5831 5398 frontdesk@gvml.com.au	
	Endocrinologist/Physician	As per referral from General Practitioner	
	Aboriginal Health Worker	Njernda Aboriginal Health Clinic 84 Hare Street Echuca 3564 p: 5820 2235 f: 5825 3500	Rumbalara Health Services 20 Rumbalara Road Mooroopna 3629 p: 5580 6252 f: 5480 6116
	General Practitioner	Rushworth House Medical Clinic 41 Moora Road Rushworth 3612 p: 5856 1329 f: 5856 1466	