

Mental Health, Alcohol and other Drugs

Mapping and linking of services. Key area Mental Health and Drug and Alcohol now combined group (Mental Health, Alcohol and other drugs). Reactivation of the Campaspe Shire Liquor Accord. Success of Ice Info sessions and linkages identified. Health pathways, service mapping w/ Campaspe based report .

(Expected Outcome: Improved after hours access for mental health patients. Increase in alcohol and drug services and accessibility for Campaspe communities)

Obesity

100% of partner organisations implemented policy to adopt health promoting workplace principles and active in implementing the Healthy Together Achievement Program Benchmarks for workplaces and health. Staff training opportunities sourced to assist talking to patients about their weight. Online and face to face strategies sourced. REDHS, ERH and KDHS participated in Active April with good media coverage. Ongoing work in multidisciplinary teams and policy framework adopted by each agency.

(Expected Outcome: Increased organisation adoption of systems approach and implementation of clinical guidelines)

Cancer

Funding obtained through Murray PHN for Seed funding to establish community cancer support groups. Good collaborative response between group including LMICS and Murray PHN. Telehealth service mapping, Mapping and research projects are being done in this space to identify need. Working on 4 objectives in working groups under Committee.

(Expected Outcome: Improvements in optimal care pathway adherence. Increase in relevant screening rates by Campaspe residents)

Diabetes

Updated Diabetes Pathways with centrally available link. Robust Screening and referral pathways for Pre Diabetes. Engagement with GP practices. Increased promotion of events through social media. Increased services seen across the Shire with introduction of CGMS in two partner organisations. Ongoing work with Visiting Endocrinologists for Bulk-billing model and increased use of Telehealth seen for Endocrinology consultations. 2 out of 3 partner organisations have currently achieved accreditation as Diabetes Primary Care Centres under the NADC (National Association of Diabetes Centres). The third looking to become accredited as an affiliate centre.

(Expected Outcome: Reduction in avoidable Hospital Admissions)

Initiative's Key Achievements

- As a whole progressing towards expected outcomes positively.
- Significant increased linkages and communications between partner organisations towards common collaborative goals.
- Maintained momentum in project
- Successful in securing funding from DHHS to fund Project manager (0.2 EFT over 12 months) to support the 5 key priority areas
- Healthy Links between groups to ensure less repetition or double up
- Organisation and consumer flyer/information created and to be distributed for community awareness/organisational use

Moving into next 12 months—2 years of Healthier Campaspe

- Ongoing partnership and collaboration between partnership organisations
- Ensure Action plans are specific towards key focus area expected outcomes ? Map out successes to date to evaluate plan to achieve project expected outcomes.
- Seek data to assist mapping success to long term expected outcomes e.g. Reduction in avoidable hospital admissions and decreased burden on regional partners GVH and BH.