

# Changes to local health and wellbeing services due to coronavirus

Information correct at 27/4/2020 and is subject to change at any time.



## Hospital Visitor restrictions

### Echuca Regional Health

Only authorised visitors will be permitted to visit patients on compassionate grounds. This will be at the discretion of the nurse manager of the relevant unit ph: **5485 5000**.

### Kyabram District Health Service

All non essential visits to Kyabram District Health Services are no longer permitted. If a care and support visit is required, visiting hours are limited to 2-3pm daily for no more than 10mins (no more than two persons) unless authorised by the Nurse Manager based on your individual circumstances ph: **5857 0200**.

### Rochester and Elmore District Health Service

No visitor access allowed — will only consider visitor exemptions on compassionate grounds at discretion of management ph: **5484 4400**.

### Bendigo Health

Only allowed on compassionate grounds which will be at the discretion of the nurse manager of the relevant unit ph: **5454 6000**.

### Aged Care facilities

Restricted access to residential aged care facilities are in place — please contact directly. Contact is encouraged by telephone, video calls, email, facebook, skype etc.

### Disability Services

**Community Living & Respite Services** are continuing to deliver the majority of services as normal. CLRS have temporarily ceased services at Murray River Tea Rooms, Recyclability, Community Activities and Club Teen. See CLRS webpage with updates and helpful links. Visit <https://clrs.org.au/covid-19/> ph: **5480 2388**.

**Vivid:** Vivid's services, which continue to operate, to adults with a disability include flexible supports, 1:1 support, in-home supports and Support Coordination.

Similarly, Vivid Work Crew (supported employment) and our residential accommodation services also continue to operate. The administration office and all Day Services' sites are temporarily closed. Vivid is providing regular updates on their website [www.wearevivid.org.au](http://www.wearevivid.org.au) For any enquiries email [info@wearevivid.org.au](mailto:info@wearevivid.org.au)

### Njernda Aboriginal Corporation

Njernda have cancelled ALL group events and activities. Stricter procedures are in place at the medical clinic.

**Medical clinic:** ph: **5480 6252** (ext 1)

**Family Services building:** Closed ph: **5482 6252** (ext 3)

**Berimba Childcare:** Closed ph: **5480 6252** (ext 5)

**Support for Elders:** Contact Keith Hearn ph: **0412 390 859**

**Community Services:** Closed Youth Services, HACC, Yinya Mulana

**Njernda Finance & Administration:** Closed

Closed services are still working and contactable.

Visit website to stay up to date [www.njernda.com.au/covid-19/](http://www.njernda.com.au/covid-19/)

### Kyabram Community & Learning Centre

Essential services will continue to be provided however the methods used to deliver are different. All visitors must report to reception and specify their needs prior to entering the building. Where possible people will be assisted at the entry point only ph: **5852 0000**.

Centrelink computers and telephone are still available for community use.

### Centre for Non Violence

If you are experiencing family violence and require assistance the Centre for Non-Violence services are available via free call **1800 884 292**.

### Women's Health Loddon Mallee

In person public contact is now on hold. The Well Women's Clinic continues to provide Pregnancy Options counselling via telephone and video conference. Cervical Screening (PAP tests) and STI testing have been suspended.

Please ph: **1800 350 233** or ph: **(03) 5443 0233** regarding options, counselling or any other queries. Email: [whlm@whlm.org.au](mailto:whlm@whlm.org.au)

### Campaspe Shire Council

Customer service centres are closed.

Contact and payments can be made by:

- Online at website [www.campaspe.vic.gov.au](http://www.campaspe.vic.gov.au)
- Ph: **1300 666 535**
- Email at [shire@campaspe.vic.gov.au](mailto:shire@campaspe.vic.gov.au)

Aged & disability, child care and maternal & child health services remain open as essential services with measures to safely operate.

To reduce the risk of infection to staff and the community, immunisation services are by appointment only. Appointments can be made by calling **1300 666 535** with details of locations and times at [www.campaspe.vic.gov.au/covidimmunisations](http://www.campaspe.vic.gov.au/covidimmunisations)

For more information about changes to Council services, visit [www.campaspe.vic.gov.au/covidservices](http://www.campaspe.vic.gov.au/covidservices)

### Emergency Food Relief and Care Packs

Some of the Emergency relief providers have closed in response to coronavirus — those still operating include;

#### Kyabram Community and Learning Centre

- Food stall stocked at the front of entrance; food parcels and shopping services ph: **5852 0000**.

#### Girgarre Community Cottage

- Food relief parcels Mon – Thur 9.30am – 12 noon. People in need of assistance are advised to ring (if possible) to request a food parcel and organise a collection time ph: **5854 6482**.

#### Echuca Neighborhood House

- Food relief from Mon to Thur 10.00am – 2.00pm. Food is free and is located outside in the front yard. Frozen meals and items available from the House. Also supporting the Gunbower community ph: **5482 6914**.

### Rochester Community House

Foodshare on Tuesdays at 11am with one prepacked bag available per household. Open for essential computer access (Centrelink etc) on Tuesday from 9am – 12pm ph: **5484 3600**

### Tongala Community Activities Centre

- Foodbank available from Mon to Thur 9.00am – 12 noon ph: **5859 1268**.

### Njernda Aboriginal Corporation

- Food relief for the local Aboriginal community — ph: **5480 6252** (ext 3).

### Salvation Army

- Echuca ph: **5482 6722**
- Rochester ph: **5484 1364**
- Kyabram ph: **5853 1129**

### St Vincent de Paul

- Echuca ph: **5480 7621**
- Rochester ph: **5484 3584**
- Kyabram ph: **5852 2874**

### Care Packages

Victorians in mandatory self-isolation running short on food and unable to have any dropped-off by friends are eligible for a "food and personal care package", with a two-weeks supply of items. Call Victoria's dedicated coronavirus hotline on **1800 675 398**.

### Volunteering

Selected Health Services in the Campaspe area have stopped volunteer support in response to coronavirus. Community services also have restrictions in place — please contact your volunteer organisation to check arrangements, but before you consider volunteering ask yourself — **Am I well enough to volunteer? If you have any symptoms, please stay home.**

### Victorian Department of Health & Human Services

For the latest information, updates and advice about the outbreak of the coronavirus disease (COVID-19) [www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)



KYABRAM DISTRICT  
HEALTH SERVICE

